

Global Outreach Team Packing List

This is a suggested packing list for our team volunteers. There may be additional items not on this list that will be needed, as well. If so, this will be communicated to you prior to departure. Be sure to research the destination & climate where you will be so you can pack appropriately. Be prepared! Print this list and check off items as you pack.

Suggested Attire

- KATW T-Shirts (to be worn on the worksite and during outreach activities)
- Church clothes – Dress or skirt/blouse (women); Slacks/shirt (men)
- Shower shoes
- Sandals
- Comfortable walking shoes
- Swimsuit – depending on the location
- Sweatshirt or jacket for cool evenings
- Pajamas
- Rain gear (we work in the rain)
- Bag for dirty clothes
- Hat/Bandana
- Light pants/ modest shorts & shirts

For those building a playground

- Work gloves
- KATW T-Shirts
- Long work pants or shorts
- Closed-toe shoes or work boots
- UV protection clothing: light long sleeve, floppy hat
- Socks
- Clothes you don't mind getting dirty, sweaty, possibly stained with concrete or paint
- A garbage or laundry bag - you'll want to keep these clothes separate, trust us

Documents

- Passport/Visa (if required) /Copies
- Flight Confirmation
- Vaccination card, if needed
- Notarized Release Form for Minors (if applicable)
- Photo I.D. / Copy

- Copy of credit or debit cards you are taking
- Cash – newer
- IVC (International Volunteer Card) Insurance Card

Health & Medical

- Immodium/Cipro/ Pepto
- bandages / antibiotic ointment
- antihistamine, cold remedy, any prescription medications
- upset stomach remedy
- aspirin, pain relievers
- Hand sanitizer/hand wipes
- Eyeglasses / Contacts w/ solution & case
- Sunscreen
- Toilet Paper/tissues
- Bug Spray
- Toiletries
- Aloe

Miscellaneous

- Water Bottle (Nalgene or hydration packs work great)
- Bible, pen, journal
- Sunglasses
- Camera / memory cards / batteries
- Purse/backpack/daypack/fannypack
- Chargers
- Earplugs
- Flashlight w/batteries
- Wristwatch
- Books/reading material
- Cell Phone
- Zip lock bags
- Headphones
- Snacks
- 2-prong adapters (& converters, if needed)
- Powder Drink mix (i.e. Crystal Light, Propel, etc)
- Towel

***Note:** Take into consideration the location you are traveling to. Be mindful of the culture and prepare for the weather. KATW will provide suggested guidelines prior to the trip on how to appropriately dress for the culture you are visiting.

Also, KIDS provides each team member with team shirts to wear each day for the build and outreach activities. Also, please follow the 3-1-1 rule for liquids in carry-on items. (3) ounces or less (1) quart-sized ziplock (1) ziplock per person.